



# INFLIGHT-GOURMET.COM



# INFLIGHT GOURMET

• MENU •

#### **\*DEDICATED STAFF\***

With a fully dedicated staff, committed to Private Aviation, all our attention goes to your order and your next departure.

Our executive chefs & management have a background as onboard chefs on a variety of private jets.

Our aim has always been to build lasting and happy relationships to share our passion with our clients all over the world. Our bespoke menus and packaging have been created with the restrictions and facilities on-board the aircraft in mind, enabling crew to easily serve our dishes.

As a business, we have a genuine desire to work directly with farmers, growers and producers; whilst using regional and local suppliers wherever possible. This approach, matched with our food, means we are proud to deliver a consistent service.

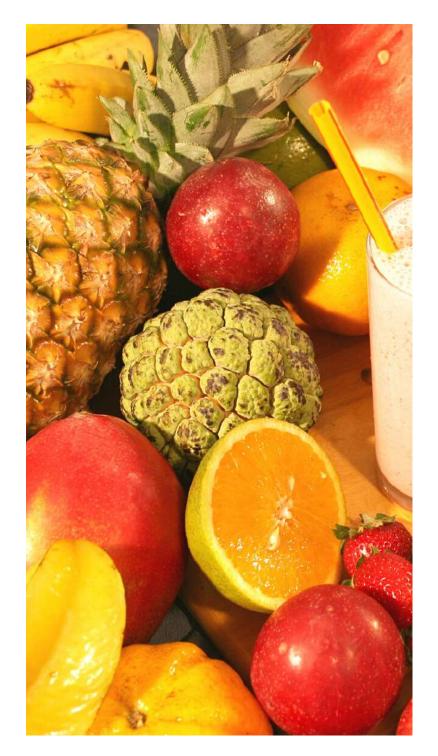
Put simply, we make food worth flying for





Juices & Smoothies	Salads
Breakfast Platters	Main Courses
Cold Breakfast	Build Your Own
Hot Breakfast	Pasta & Risotto
Platters	Desserts
Cold Canapés	Petit Fours
Warm Canapés	Cakes & Afternoon Treats
Sushi, Sashimi & Nibbles	Vegetarian Breakfast
Cold Starters	Vegetarian Salads & Main Courses
Hot Starters & Soups	Further Information





# JUICES & SMOOTHIES

We can make any fresh juice and smoothie to order so please ask the team, however, to whet your appetite, and provide some inspiration please see the following

#### JUICES

#### SMOOTHIES

Orange Apple Pineapple Grapefruit Mango Watermelon Green Juice Cucumber, spinach, green apple, celery and mint Orange and Raspberry

Pink Grapefruit, Orange and Lemon Blackberry, Apple and Lime Carrot, Orange and Ginger Grapefruit, Carrot and Apple Pineapple, Kale, Orange and Mint Berry, Pineapple and Apple Beetroot, carrot, fresh ginger Apple, lemon and fresh ginger Blueberry and Banana Strawberry and Banana Coconut, Mango and Pineapple Raspberry, Pineapple and Mint

Banana, Oat and Honey

**Berry Overload** 

# BREAKFAST

#### BREAKFAST PLATTERS

**Fresh Fruit** A selection of sliced tropical fruit

#### **Cheese & Cured Meats**

**Sliced Cheese** A selection of continental cheeses, served with fresh figs and grapes

#### **Cured Meat Platter**

A selection of cured meat, served with cornichons, cherry tomatoes and caper berries

#### **Smoked Salmon Platter**

**Assorted Pastries** *A selection of mini pastries and freshly baked muffins* 



BAKERY

#### Muffin

Freshly baked and lots of flavours to choose from including; bran & banana, blueberry, triple chocolate, white chocolate & strawberry, raspberry strudel and banana & chocolate

#### Croissant

Pain au Chocolat Almond Croissant Danish Pastries Pain au Raisin Cinnamon Swirl Assorted Bagels Artisan Bread Rolls Sourdough Rye Bread Rosebud Jams, Marmalade and Honey Netherend Farm Butter

# BREAKFAST

#### COLD BREAKFAST

#### Homemade Granola

Served with Greek yoghurt and a fresh berry compote with Yorkshire honey

#### A selection of Cereals

Served with your choice of cow's, goat's, almond or oat milk

#### Homemade Muesli

Served with your choice of cow's, goat's, almond or oat milk and seasonal fresh fruit

## Green Apple Bircher Muesli

Made with Greek yoghurt, served with fresh berries, pumpkin seeds and shaved coconut

## Fresh Fruit Skewers

Served with a Greek yoghurt and honey dip

# Soft Fruit Salad

A selection of berries

# Tropical Fruit Salad

Chunks of pineapple, mango, melon and kiwi

#### **Buttermilk Pancakes**

Served with Greek yogurt, blueberries and maple syrup

#### **Marinated Heritage Tomatoes**

Lightly pickled heritage tomatoes served with ricotta and toasted pumpkin seeds on grilled sourdough

#### Honey Roasted Ham

Served with marinated heritage tomatoes with ricotta served on chargrilled sourdough toast

#### Smashed Avocado

Served on grilled sourdough toast with chilli flakes

# Coconut chia pudding with grilled pineapple and macadamia brittle (v)

A combination of fruits, nuts and ancient grains provide protein, potassium, magnesium and vitamin B12, with macadamia nuts

## **Assorted Fruit Yoghurts**





# BREAKFAST

HOT BREAKFAST

## **Organic Porridge**

Made with your choice of cow's, goat's, almond or oat milk and served with dates, pecan nuts and honey

## **Buttermilk Pancakes** Served with crème fraiche, blueberries and maple

**French Toast** *Served with soft fruit, Greek yoghurt and maple syrup* 

#### Please note all our eggs for are free-range

## Scrambled Egg

Served on grilled sourdough, with your choice of

- Dry cured streaky bacon
- Smashed avocado
- Dunkeld smoked salmon
- Dunkeld smoked salmon with crème fraiche and caviar

#### Omelettes

Served with or without cheese, choose between

- Cornish crab with spring onion and chilli
- Dunkeld smoked salmon with fresh herbs
- Honey roasted ham and cheddar cheese
- Goat's cheese and spinach

## **Eggs Benedict**

Served on an English muffin with honey roasted ham, poached egg and topped with hollandaise

# Eggs Royale

Served on an English muffin with cured salmon and topped with a yuzu hollandaise

#### Chalk Stream Smoked Trout

Served with scrambled egg on rye toast

#### **Sweetcorn Fritters**

With smashed avocado, sweet chilli and tomato jam, spinach with a lime crème fraiche

## Full English Breakfast

With Cumberland sausage, your choice of eggs, grilled tomatoes, sautéed chestnut mushrooms and bacon

#### **Coconut flour pancakes**

with blueberries, coconut yoghurt and honey topped with pumpkin seeds (v).

# Potato rosti with wilted spinach and poached eggs (v)





# CANAPÉS

Please see below an example of our canapés, which we evolve and adapt throughout the year and with seasonality. As such, the below may not be available year round.

#### SERVED COLD

**Parmesan Shortbread** Topped with buffalo mozzarella and slow roasted cherry tomato topped with homemade pesto

**Pea and Mint Tartlet** *With feta and pea shoots* 

**Butternut Squash Tartlet** With goat's cheese and kale

**Chargrilled Courgette** Served on a parmesan biscuit with goat's cheese and slow roasted cherry tomato

**Superfood Rice Paper Roll** *With beetroot, pea shoots, edamame beans and spinach* 

**Nori Spinach Roll** *Filled with baba ganoush, julienne of carrot, lemon tossed spinach and pomegranate seeds* 

**Fresh Tuna Rice Paper Roll** *With carrot, mint, avocado and wasabi mayonnaise* 

**Hot Smoked Salmon** On a chive scone with crème fraiche and deep-fried capers

**Balik Salmon Tartare** On cucumber with crème fraiche and chive

**Tuna Niçoise Tartlet** With seared tuna, quail's egg, cherry tomato and olive

# Beetroot Cured Salmon

On a horseradish blini

**Home Cured Gravadlax** 

On a dill blini topped with crème fraiche, a dill and mustard sauce and keta caviar

**Crab Salad** *With lemon, green tomato and a cucumber* 

**Chargrilled Lobster Skewers** *With a lime and coriander dip* 

**Buffalo Mozzarella Skewer** With Parma ham, fresh fig and mint

**Foie Gras Terrine** On a brioche croute topped with Sauterne jelly topped with a fig crisp

**Crispy Duck Rice Paper Roll** With hoisin sauce, iceberg lettuce, cucumber and spring onion

**Bang Bang Chicken** With a julienne of peppers and cucumber served in a tiny tartlet

**Kaffir Lime Marinated Chicken** *Crispy betel leaf, fresh mint with nam jam wrapped in a onion pancake* 

**Beef Tartare** Served on a wholegrain croute with horseradish crème fraiche and chives

**Beef Carpaccio** 

On a horseradish blini with rocket and a parmesan crisp

# CANAPÉS

SERVED WARM

**Butternut and Goat's Cheese Tartlet** *Topped with crispy curly kale* 

**Parmesan Crusted Cauliflower** *With a spicy dip* 

**Cauliflower Cheese** *On pumpkin seed croutes topped with pesto* 

**Wild Mushroom Arancini** *With a basil, lemon and crème fraiche dip* 

**Wild Mushroom** *In a brioche topped with a lemon hollandaise* 

Wild Mushroom and Thai Asparagus Tartlet With a chervil cream

**Butternut Risotto Cakes** *With crème fraiche and deep-fried sage dip* 

**Smoked Haddock Arancini** *With curried mayonnaise* 

**Spicy Crab Cakes** With a tomato and chilli dip

**Teriyaki Salmon Skewers** *With a spicy soy, honey and crème fraiche dip*  **Panko Crusted Mediterranean Prawns** With a sweet chilli dip

**Smoked Haddock Arancini** *With curried mayonnaise dip* 

Lobster Thermidor On skewers with a warm gruyere dip

**Thai Marinated Chicken Skewers** *With a lemongrass and chilli dip* 

**Panko and Parmesan Crusted Chicken** *With a spicy mango dip* 

**Grilled Fillet of Beef Skewers** *With a truffle mayonnaise* 

**Confit Duck Arancini** *With a blackberry and cranberry dip* 

**Moroccan Spiced Lamb Skewers** *With a moutabel dip* 

**Spring Lamb on Rosemary Skewers** *With a redcurrant and mint jelly dip* 

Harissa and Brown Sugar Lamb Skewers

**Slow Cooked Pork Belly** *With star anise served with a pineapple jam dip and a crackling dust* 





# PLATTERS

#### **Sliced Cured Meat Platter**

A selection of sliced charcuterie and cured meats served with cornichons, cherry tomatoes and caper berries

#### **Cheese Board**

A varied selection of cheeses served with homemade seasonal chutney, crackers and seedless grapes

#### Iberico Ham

Hand cut Iberico ham served with tomato bread

#### **Smoked Fish Platter**

Baltik salmon, Chalk Stream smoked trout, beetroot cured salmon and wasabi and ginger cured salmon served with cream cheese and lemon wedges

#### **Seafood Platter**

Dunkeld smoked salmon, crevettes, hot smoked Chalk Stream trout, Cornish crab, grilled lobster, lemon wedges and Marie Rose sauce

# **Crudité Platter**

A varied selection of seasonal and freshly cut raw vegetables served with two freshly made dips

## **Spanish Meat Platter**

*Iberico ham, chorizo and truffle salami with tomato bread* 

## **Tapas Selection**

Artisan Spanish cured meat, manchego cheese, mini tortillas, Gordal olives, salted Marcona almonds, membrillo and a piquillo pepper and tomato salsa

## **Mezze Selection**

Lamb kofta, chicken shish, dolma, falafel, baba ganoush,hummus, tabbouleh and flatbreads

## Italian Antipasti

Buffalo mozzarella with olive oil and basil, roasted cherry tomatoes, chargrilled courgettes, chargrilled aubergines, chunks of Parmigiano Reggiano, sun blush tomatoes and focaccia croutes

#### **British Selection**

Mini pork pies, Burford Brown scotch egg, honey roasted ham, farmhouse cheddar, chutney and piccalilli

#### **Finger Sandwich Platter**

A selection of light sandwiches

**Tortilla Wrap Platter** *A selection of filled tortilla wraps* 

#### Deli Sandwich Platter

Individual sandwiches with a variety of fillings and breads

#### **Open Sandwich Platter**

A delicious a variety of open sandwiches served on various breads

**Sliced Fruit Platter** *A selection sliced tropical fruit* 

**Afternoon Tea Cakes** *A selection of freshly baked tea cakes* 

**Petit Four Platter** *A selection of our latest petit fours* 

**Canape Platter** *A selection of our latest canapes* 

#### **Ploughman's Platter**

Farmhouse cheddar, honey roast ham, Yorkshire chutney, piccalilli, balsamic pickled onions and crusty bread

# SUSHI, SASHIMI

We work with a number of suppliers for our sushi to ensure the highest quality, which is always from the Best Sushi providers.

#### MAKI ROLLS

#### **Garden Roll**

Sweet potato, asparagus, avocado, daikon and red onion

Mamma Mia Avocado, cucumber, sesame and chives

## California Roll

Shrimp, avocado, cucumber, masago and miso aioli

## Rainbow Shrimp

Snow peas, topped with salmon and tuna, hiramasa and avocado

#### Spicy Tuna

Tuna, cucumber, chilli, miso aioli, masago, katafi and herbs

NIGIRI

#### **Aspara** Asparagus and sesame

Ebi

Shrimp

# Maguro

Yellowfin tuna

## Shake

Salmon

#### SASHIMI

**Maguro** Yellowfin tuna

**Shake** Salmon

# **Hiramasa**

Yellowfish Kingfish

# Beef Tataki

Smoked cheese, onion, tosazu, and Jersualem artichoke crisps









# STARTERS

#### Chargrilled Mediterranean Vegetable Stack

With buffalo mozzarella, chargrilled courgette, roasted red and yellow peppers, chargrilled aubergine and slow roasted cherry tomatoes, layered up with homemade pesto and topped with a rocket salad served with afocaccia croute

#### Heirloom Beetroot Carpaccio

With roasted baby beetroot, Crottin de Chavignol,quince jelly and pea shoot salad

# Raw and Cooked Crudités

With a sour cream and chive in a tartlet Cornish Crab With a heritage tomato salsa and served with gazpach and baby basil

#### **Grilled Citrus Prawns** With samphire, broad bean and pea salad and a crayfish ketchup

**Blueberry Gin Cured Sea Trout** *With buttermilk horseradish and potato salad* 

#### **Potted Lobster and Brown Shrimp** *In spiced butter with seeded croutes and a micro leaf salad*

# Potted Smoked Mackerel

With Melba toast and a cucumber, green apple and hazelnut salad

# Tuna Tataki

With Granny Smith apple, micro cress and mustard seed salad and a quenelle of smashed avocado

#### Butter Poached Lobster Stack

With a lemon crème fraiche, seeded croute and baby leaf salad

#### **Balik Salmon**

With chive blinis, lemon crème fraiche and a baby leaf salad

#### Classic Prawn Cocktail

With Mediterranean prawns, shredded iceberg lettuce, julienne of green apples and cucumber, a Marie Rose sauce and a spicy tomato salsa

**King Crab and Avocado** *With butter lettuce, served with a lemon vinaigrette* 

**Serrano Ham and Caramelised Figs** With Manchego cheese, quince and a watercress salad

#### Chicken, Pistachio and Pancetta Terrine

With fig chutney and a chicory salad

## Carpaccio of Beef

With shavings of radish, crispy capers, parmesan shavings, rocket and extra Virgin olive oil

#### **Spanish Air-dried Beef**

*With rocket and shavings of parmesan with fresh lemon & Virgin olive oil* 

# SALADS

#### **Traditional Greek Salad**

With feta cheese, Kalamata olives, cucumber, tomatoes red onion and parsley with a vinaigrette dressing

#### Burrata with Heirloom Tomatoes

Vine cherry tomatoes, fresh mint, micro basil and rocket with and extra Virgin oil

#### Heritage Tomato and Buffalo Mozzarella

With aubergine crisps, baby basil and a balsamic and honey dressing

## Superfood Salad

With quinoa, alfalfa, pickled beetroot, roasted butternut, edamame beans, pea shoots, toasted seeds, spinach and light vinaigrette

## **Dukkah Crusted Goat's Cheese**

With lightly pickled beetroot, pomegranate, fresh mint and baby leaves

## **Chalk Stream Trout**

With red and yellow chicory, fennel and green apple slaw and a horseradish

## Albacore Tuna

With marinated heritage tomatoes, cannellini beans, fresh basil and pickled shallots

#### Grilled Lobster, Crayfish and King Prawn

With shaved fennel, new potatoes and a citrus vinaigrette

## Seared Tuna Niçoise

Chargrilled tuna with tomatoes, green beans, new potatoes, eggs, black olives and a French dressing

#### **Classic Caesar Salad**

Cos lettuce and baby gem with crispy prosciutto, rustic croutons, parmesan shavings, topped with parmesan crisps and tossed with a Caesar dressing **Add grilled chicken breast, roasted salmon or** grilled Mediterranean prawns

#### **Traditional Cobb Salad**

With avocado, chargrilled chicken, walnut, tomato, rustic croutons, quail's eggs and a blue cheese dressing

#### Serrano Ham

*Fresh figs, Manchego cheese and quince with a watercress salad* 

#### Spinach, Avocado and Crispy Bacon

With rustic croutons and French dressing

# Crispy Peking Duck, Watermelon, Rocket and Feta

With spring onions, roasted cashews and a hoisin dressing

## Thai Salad with Crispy Duck

Pak choi, chilli lime, roasted peanuts, green papaya, and a Thai dressing

#### **Rare Hanger Steak**

With blue cheese, pan-fried new potatoes, rocket and Salsa Verde

#### **Air Dried Beef**

With fennel, rocket, pear, honey and olive oil salad

## **Roasted Heritage Beetroot**

With radicchio, red chicory, compressed pear, gorgonzola and candied walnuts





# MAIN COURSES

#### **Roast Chicken Breast**

With black garlic, potato puree, grilled asparagus, burnt shallots and thyme jus

#### Monkfish Poached in Kafir Lime

With coconut milk, ginger, pak choi and Jasmine rice

#### Spiced Buttermilk Monkfish

With parsley vichyssoise, golden raisin salsa, spiced potatoes and served with a carrot & cucumber ribbon salad

#### **Roast Hake**

With chorizo and butterbean stew and crispy kale

Wild Sea Bass with Spinach Risotto Parma ham, crispy shallots and parmesan crisps

#### Halibut with a Sea Salt and Crust

Crushed pea and mint puree, tartare sauce and truffle roasted duck fat chips with a truffle mayonnaise

#### **Dry Aged Fillet of Beef**

*With pressed beef rib, potato puree, pickled shallots, tenderstem broccoli and red wine jus* 

## Dry-aged Sirloin of Beef

With pressed potatoes, wild mushrooms, confit shallots, spinach and red wine jus

#### **Roasted Lamb Rump**

With a garlic, tomato and cannellini bean ragout served with sautéed kale

#### **Dukkah Crusted Lamb Loin**

With a pressed boulangère potato, braised fennel and spinach, aubergine puree with a minted pesto dressing and a pomegranate garnish

## Warm Barkham Blue Tart

With apple, walnut and celery salad

#### Cauliflower and Butternut Squash Curry

With a cardamom, pomegranate and coconut pilaf

#### Smoky Grilled Aubergine Steak

With green beans, chickpeas and tomato with pine nuts and a tahini and a coconut yoghurt sauce

#### Spiced Cauliflower Steak

With a Salsa Verde, dukkah and pomegranate seeds on a bed of cauliflower puree

#### Roasted vegetable frittata

With saffron, sweet potato wedges, tenderstem broccoli and basil pesto (v)

# MAIN COURSES

#### Thai Green Chicken Curry

Served with coriander and chilli steamed rice with steamed Asian bok choy

#### Thai Red Prawn Curry

Served with a coriander and chill steamed rice with steamed Asian bok choy

#### Coq au Vin

With roast chicken breast and confit chicken leg, creamy mash and spinach with pancetta and pearl onions in a Burgundy sauce

#### Roast Duck Breast and Confit Duck Leg

With a white bean cassoulet and crispy green leaves

#### **Veal Medallions**

With a spring onion rosti, wilted spinach and a wild mushroom and shallot sauce

#### **Poached Salmon**

With chargrilled asparagus, crushed potatoes, confit tomatoes and lemon butter sauce

**Absolute Taste Fish Stew** *With saffron potatoes and aioli* 

#### The Complete Loaded Burger

Homemade ground beef burger with tomato chutney, lettuce and tomato **Add portobello mushroom, bacon and** 

smashed avocado

## Panko Crusted Chicken Breast

Served in a pretzel burger with a sweet tomato and chilli jam with little gem and smashed avocado

#### Panko Crusted Hake

With tartare sauce served in a soft bap with pea and mint puree with little gem

## Chicken tagine

With grilled aubergine, almond cauliflower couscous and pomegranate seeds

## Pan roasted cannon of lamb

With butternut squash, charred apricots, corriander and toasted coconut

# **Beef Bourguignon**

With horseradish mashed potatoes, seasonal greens and baby carrots





# PASTA & RISOTTO

Our team are more than happy to make any type of pasta dish that you might want, or please feel free to choose from the selection below

#### PASTA

Penne pasta with a Homemade Pesto Sauce

Penne Arrabbiata

Penne with a Fresh Tomato and Basil Sauce

Penne with and Seared Tuna

**Penne with a Spicy Tomato Sauce** *With black olive, white tuna and capers* 

Penne Carbonara

**Linguine with Lobster** *Prawns, chilli and rocket* 

Linguini with Crab Tomato and chilli

**Pappardelle with a Porcini and Truffle Sauce** With wilted spinach and freshly grated parmesan

**Wild Mushroom Ravioli** *With a parmesan sauce & sautéed mushrooms* 

**Spinach and Ricotta Ravioli** With fresh parmesan and olive oil

**Pea, Mint and Spinach Ravioli** With sautéed spinach, fresh peas and a light parmesan cream sauce

**Beetroot and Goat's Cheese Ravioli** With fresh parmesan and olive oil

#### RISOTTO

#### **Butternut Risotto**

Served with chunks of roasted butternut, pumpkin oil, shaved parmesan and parmesan crackling with deep fried sage

Primavera Risotto

Green vegetables with parmesan, rocket and parmesan crackling

**Wild Mushroom Risotto** *With truffle oil and parmesan crisps* 

**Cornish Crab Risotto** *With tomato, saffron and parmesan* 

**Beetroot Risotto** With rocket, grilled goat's cheese and walnuts

#### **Risotto Marinara**

*Tomato, spinach, lobster, prawn, squid, mussels and hake* 

# DESSERTS

Vanilla Panna Cotta with a Rhubarb Salad

With a lemon curd and ginger crumb

**Granny Smith Tartlet** *With cinnamon crumble and crème anglaise* 

**Lemon Tartlet** *With a berry salad and candied pecans* 

**Passionfruit Tart** *With a banana ice cream* 

Vanilla Cheesecake With lemon curd, poached pear and a ginger crumble

**Strawberry Cheesecake** *With a strawberry, almond and mint salad* 

**Seasonal Eton Mess** Broken meringue with Chantilly cream and seasonal fruit

Lemon and Lime Meringue Tartlet

**Plum and Amaretto Crème Brulee** *With brandy snaps* 

**Seasonal Fruit Crumble** With a macadamia and amoretti topping, and a cinnamon crème anglaise

**Banoffee Pie** *Caramel and bananas topped with cream* 

#### **Chocolate Brownie**

Served with honeycomb ice cream and chocolate sauce

**Dark Chocolate Mousse** With crushed hazelnuts and a liquid salted caramel centre

#### **Chocolate Fondant**

With a beetroot ganache and white chocolate and beetroot ice cream and topped with beetroot crisps

**Chocolate Espresso Torte** With a coffee and mascarpone mousse

**Indulgent Brownie Torte** *Chocolate cremeaux on a chocolate brownie base with a chocolate crumble topping* 

**Chocolate Mousse Cake** *With raspberries* 

**Chocolate Truffle Cake** *With a raspberry ice cream* 

**Chocolate and avocado mousse** With red berries, cacao nibs and fresh basil (v)

**Orange and polenta cake** *With a coconut and pistachio cream (v)* 



# PETIT FOURS & CAKES

Please see below an example of our petit fours which we evolve and adapt throughout the year and with seasonality. As such, the below may not be available year round.

**Pistachio Fudge Rose Turkish Delight** Lemon Tart **Pistachio and Raspberry Tartlet** Matcha Ganache with Raspberry in a White Chocolate Cup **Passion Fruit Tart** Salted Caramel and Dark Chocolate Cup **Florentines Dark Chocolate Almond Fudge** Pecan Pie A selection of Macarons **Lemon Meringue Tarts Orange Flavoured Madeleines Brownie Squares Blueberry Cheesecake Chocolate Eclair Chocolate Espresso Torte Chocolate Truffles Fresh Fruit Tartlet** 

Lemon and Blueberry cake **Chocolate and Banana cake Orange Polenta cake** Lemon Drizzle cake **Raspberry and Almond Financier Banana Bread Mini Muffins Carrot Cake** with Orange Cream and Cream Cheese Mini Scone with Strawberry Jam and Clotted Cream **Fresh Fruit Tartlet Baked Plum and Almond Tartlet** Salted Caramel and Chocolate Tartlet Lemon Tart **Banoffee Pie Chocolate Chip Cookie** White Chocolate & Strawberry Cookie **Pecan Shortbread Ginger Biscuit** 





# VEGETARIAN OPTIONS

Our team are more than happy to make any type of dish that you might want, or please feel free to choose from the selection below

COLD BREAKFAST

**Homemade Granola** Served with coconut yoghurt, a fresh berry compote and maple syrup

**A Selection of Cereals** Served with your choice of soy, almond or oat milk

**Homemade Muesli** Served with your choice of almond, soy or oat milk and seasonal fresh fruit

**Green Apple Bircher Muesli** Made with coconut yoghurt and served with fresh berries, pumpkin seeds and shaved coconut

#### **Fresh Fruit Skewers**

**Soft Fruit Salad** *A selection of berries* 

**Tropical Fruit Salad** *Chunks of pineapple, mango, melon and kiwi* 

**Chia and Coconut Yoghurt** *Topped with pink grapefruit compote and topped with a julienne of apple* 

## Apple and Banana Spelt Muffins

**Crunchy Seed and Oat Flatbreads** *Topped with smashed avocados and tomatoes*  HOT BREAKFAST

## Raw Buckwheat Porridge

Served with almond milk and chia topped with fresh berries and nutty granola clusters

## **Corn Fritters**

Served with smokey beans and smashed avocado

# PLATTERS

# **Crudité Platter**

A varied selection of seasonal and freshly cut raw vegetables served with Kale and hemp pesto and tomato and chilli pesto

## **Roasted Vegetable Antipasti Platter**

Roasted and chargrilled vegetables served with a variety of olives and a tapenade dip

**Sliced Fruit Platter** *A selection sliced tropical fruit* 

# VEGETARIAN OPTIONS

#### STARTERS

#### **Baked Sweet Potato**

Filled with guacamole, coconut and mint yoghurt and a spicy tomato salsa served with a rocket salad

**Beetroot Carpaccio** With roasted candy beetroot and rocket salad with a maple syrup and cider vinegar dressing

**Crispy Kale and Marinated Kale Salad** *With pomegranate and broccoli and a lime and tahini dressing* 

**Shaved Turnip, Radish & Asparagus Salad** With a poppyseed dressing and garnished with baby watercress

#### SALADS

#### **Ratatouille Salad**

With courgettes, aubergines, balsamic roasted red onion, red and yellow pepper, heritage tomatoes with a balsamic dressing

## Superfood Salad

With quinoa, alfalfa, pickled beetroot, roasted butternut, edamame beans, pea shoots, toasted seeds, spinach

Roasted Butternut, Olive, Avocado and Rocket Salad

**Middle Eastern Salad** *Cauliflower, aubergine, green lentils and pomegranates with a coriander and tahini salad* 

**Green Goddess Salad** *Quinoa, kale, chargrilled courgettes, broccoli, edamame, baby spinach*  MAIN COURSES

**Beetroot Risotto** Made with brown rice and topped with beetroot crisps

**Butternut Risotto** *With crispy butternut crisps* 

**Chickpea, Quinoa & Turmeric Curry** *With cauliflower rice* 

Artichoke and Fennel Stew Served with a broccoli couscous

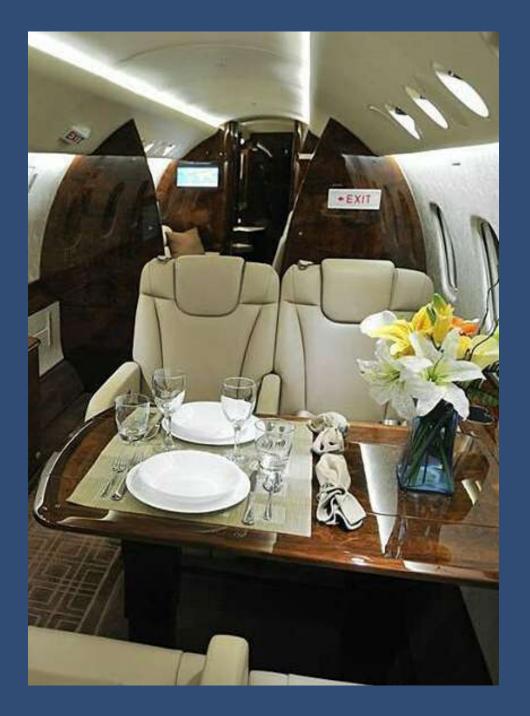
**Miso Glazed Aubergine Schnitzel** With a salad of tomato, hemp and chickpea tabbouleh

Plant Based Pad Thai

## DESSERTS & AFTERNOON TEA

White Chocolate Brownies Sticky Toffee Slice Banana Bread Key Lime Pie Banoffee Pie Pecan and Cranberry Tart Chai Plum Upside-Down Cake





# FURTHER INFORMATION

#### CONCIERGERIE

Our VIP Inflight team can source any drinks (soft and alcohol) and are able to provide Flower Arrangement & any other cabin essentials,

#### INFLIGHT AND KITCHEN TEAM

Our VIP inflight and kitchen team works as one, helping us to maximise our performance and ensure you have a smooth flight.

With a vast amount of hospitality experience across aviation and 5 star hotels, our dedicated operational team are fully involved to ensure your expectations are met and exceeded, and personally oversee catering deliveries to your aircraft.

Our Head Chef, leads a multi-skilled team of chefs. With experience of working in the world's most luxurious and prestigious hospitality companies.

They combine their passion and attention to detail with an open minded approach to provide you with the best possible culinary support and expertise.



